



FEATURED HERO STORY

MEET CANDICE

U.S. ARMY VETERAN



Candice was on active duty in the Army when a car accident cut her career short. Although doctors told her she would never walk again, and possibly never speak, Candice was determined to recover and regain her independence. She got involved in PVA's adaptive sports programs, and has since run a half-marathon in every state. Learn more about Candice's inspiring journey on our [website](#).

READ HER STORY

PVA EDUCATES DOCTORS, NURSES, ON CARING FOR SCI/D PATIENTS



PVA hosted our annual Healthcare Summit + Expo took August 14-17, 2023 in Orlando, FL. Over 800 physicians, nurses, therapists and psychologists attended to learn about the latest breakthroughs in treatment and care for patients with spinal cord injuries and diseases (SCI/D). We gave **Clinical Excellence Awards** to four clinicians who have done an exemplary job caring for our nation's Veterans. Learn more about PVA's Summit + Expo on our **website**.

LEARN ABOUT THE SUMMIT

GET TO KNOW PVA



**LINDSAY
PERLMAN**

**ASSOCIATE DIRECTOR
OF RESEARCH &
EDUCATION**

What do you do as the Associate Director of Research and Education, and how does your work advance the Education and Research Foundations' work?

As the Associate Director of Research and Education here at PVA, my work supports the Director of Research and Education, and PVA overall, in a variety of capacities. I manage both the Education and Research Foundation grant portfolios, provide administrative support in the creation of the Clinical Practice Guidelines, Consumer Guides, and other educational materials, serve on the Summit Program Committee and the Women Veteran's Empowerment Retreat Program Planning Committee, as well as promote PVA's research and educational initiatives. In my efforts with both the Research and Education Foundations, I work with all our current grantees, including reviewing reports and ensuring that grant projects are on schedule, as well as overseeing the application processes, peer reviews, and helping to guide our Boards as they select new grants for funding. I also work with my Director, Cheryl Vines, to continually improve and advance the reach and scope of the Foundations, to fund the most innovative and beneficial grant projects for those who live with an SCI/D.

PVA IN THE NEWS

Paralyzed Veterans of America continues fight for air travel accessibility (Action News 5)

Chief Policy Officer Heather Ansley sits down with Action News 5 to discuss the impact Department of Transportation's ruling on passengers with disabilities, and the work that still needs to be done to improve air travels for those with disabilities.

New Federal Rules Require More Accessible Airplane Lavatories

(Nerdwallet)

This article details the implications of Department of Transportation's ruling requiring all single-aisle aircraft be built with accessible lavatories over the next ten years, and PVA's role in pushing for this groundbreaking rule.

New online course helps personal care assistants better understand spinal cord injury (News Medical)

This article details an online course for personal care assistants (PCAs) on caring for those with spinal cord injuries (SCIs) that was unveiled at PVA's Summit +Expo and funded by PVA's Education Foundation. Director of Research and Education Cheryl Vines speaks on the importance of high-quality care for those with SCIs, and how this course will empower more assistants to better care for individuals with SCIs.